

Church Hill School RSE AND HEALTH EDUCATION Curriculum Implementation

Wellbeing

We believe fostering positive mental health and wellbeing is the foundation for all learning and growth. Our curriculum, including the 'hidden curriculum' of school culture, supports all pupils to develop a positive self-image and equips them with the knowledge and skills they need to look after their mental and physical health.

Respectful

Friendly

Determined

Kind

Courageous

Tolerant

Planning

Teaching

Assessment

**Review and
Development**

**Inclusion and
diversity**

**Cultural Capital
and Partnership**

Our six core values inform our bespoke curriculum which has been designed around six key themes:

-FRIENDLY: Caring Friendships

-COURAGEOUS: Speak Up and Speak Out

-DETERMINATION: Mental Health and Emotional Literacy

-RESPECT: Keeping Safe and Respectful Relationships.

-KINDNESS: People who care for me

-TOLERANCE: Stand Up Against Stereotyping and Discrimination

We teach Sex Education in the summer 2 term from Y1-6 using The Christopher Winter Project planning materials.

Our curriculum objectives, and the key knowledge and skills for each year group are set out in our RSE+H curriculum documentation. Some objectives are taught through Science, PE and RE.

RSE and Health Education is delivered through a tiered approach. Tier 1 is for all children and is primarily taught by the class teachers with some specialist circle times led by the Pastoral Lead. Tier 2 is for targeted pupils who need small group or 1:1 specialised support. This includes group and 1:1 interventions led by the Pastoral Lead.

Teachers introduce and model key vocabulary and expect children to use this in discussions.

Children are consistently taught by familiar adults who they have a good rapport with in order to facilitate constructive and supportive discussions around sensitive topics in a safe and trusting environment.

Discussion and child voice is at the core of all sessions.

Each class has a 'Floor Book' which contains evidence of learning in RSE and Health Education lessons. Evidence for individual children is also collected as appropriate.

Teachers assess pupils against the 'I can' statements and pupils not meeting age expectations are provided with further support.

The circle time programme is carefully planned and structured, and evidence of each session is kept by the Pastoral Lead and class teachers.

Assessment is used to inform the planning of future sessions, and is also used during curriculum review meetings between the Head of School and Pastoral Lead.

Staff receive in-house and externally-run high quality CPD to support them in the teaching of RSE + Health Education and to respond sensitively and skilfully to individual children's needs.

The Pastoral Lead and Head of School lead RSE + Health Education and meet regularly to review and develop the curriculum and to put in place measures to further strengthen practice.

We monitor the impact of our RSE and Health Education curriculum through pupil voice surveys and interviews, behaviour logs, book looks, learning walks and parent surveys.

All adults delivering the RSE and Health Education curriculum know and understand the children well including how to ensure that they are fully included in the RSE and Health Education curriculum.

The SENDCO and Pastoral Lead meet weekly in 'Professionals Meetings' to discuss provision for pupils who need further support.

The curriculum has been designed so that it fully reflects the diverse range of backgrounds that our children and families come from, and both school and British Values are the foundations of our curriculum. Tolerance and respect for all is modelled by adults and expected of all pupils.

We work in partnership with specialist organisations and charities such as the NSPCC, Place2Be and the Anna Freud Centre.

Our children take part in a wide range of charity fundraising and community initiatives which support them to learn how to make a positive difference to their community.

The RSE and Health Education curriculum is shared with parents via the parent newsletter and school website. Parents are actively encouraged to contact the Pastoral Lead if they wish to discuss any aspect of our RSE + Health Education in more detail.