

## Church Hill School PE Curriculum Impact Statement

### As a result of our P.E curriculum our pupils:

- Enjoy and choose to be physically active in school and wider life
- Experience a wide range of learning themes and units to express themselves through physical education. (See our learning themes Link)
- Will become physically literate, developing competence, understanding and fluency with fundamental physical skills.
- Will have opportunities to revisit and develop competency or complexity with their physical skills. This will enable them to engage confidently in physically active tasks and a range of different sports
- Will develop a self-awareness of their competence and be able to self-differentiate tasks to provide an appropriate level of challenge. This will encourage a growth mind-set enabling them to compare previous performances and identify their success.
- Develop an understanding of different games and rules ● Have a deeper understanding of strategy, and tactics to try and outwit opponents in different tasks
- Learn how to analyse, evaluate and lead others through physical education showing an understanding of how to improve
- Have become more confident to engage with others to show functional social skills, through collaboration, competition and cooperation
- Become more secure in their understanding of how to build a healthy lifestyle (Physical and Mental)
- Have developed social, emotional and cognitive skills that can be applied throughout school life ● Will learn to swim confidently over 25 m and be safe in water As a result of our supporting School Sport and Physical Activity offering our pupils will
- Be engaged in physical activity throughout and beyond the school day
- Learn how to display the values of representing the school and competitions and events ● Develop sport specific skills and game understanding in more detail
- Be supported in ensuring all children develop confidence with fundament