



CHBP Federation - PSHE and RSE Curriculum Map Overview

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Value		Friendship	Courage	Determination	Kindness	Respect	Patience
Reception	Teacher	Self regulation Building relationships Managing self	Building relationships Managing self	Speaking Self regulation	Understanding past and present	Understanding past and present	Similarities and differences between religious and cultural communities
	Tracy				PANTS session		
Year 1	Teacher	To understand what makes a good friend	The Environment: What can I do at home and school to help the environment?		Keeping Safe: How can medicine help people stay healthy?	Money: Where does money come from and how can I keep it safe?	Being different: What groups do you belong to? Respectful relationships
	Tracy	To introduce and understand the worry box (friendships)	Anti-bullying circle time (including online)	Mental Health Awareness circle time (describing feelings, recognising emotions)	Body Bubble circle time	Circle time about different families	Christopher Winters Project lessons
Year 2	Teacher	Healthy People: What makes a healthy day?	Money, shopping and saving: How do we spend money?			Global food: Where does our food come from?	
	Tracy	Circle time focused on conflict resolution (friendships)	Anti-bullying circle time (physical and emotional)	Mental health and wellbeing circle time	Body Bubble circle time	Circle time about different families	Christopher Winters Project lessons
Year 3	Teacher	Me and My Community: What is the role of a school councillor?	Healthy Lifestyles: How can I keep healthy?	Drugs Education – Smoking and Basic First Aid: What are the rules about smoking?	Managing Money: How can I pay?	Where do things come from? (including Fairtrade)	Aspirations: What are my unique skills and attributes?
	Tracy	Circle time focused on boundaries (friendships)	Anti-bullying circle time (speaking out)	Mental health and wellbeing circle time	Body Bubble circle time	Circle time about different families	Christopher Winters Project lessons



Year 4	Teacher		Healthy Lifestyles: What makes a healthy menu?	Local community – shared responsibilities: How does Church Hill help to protect the environment?		Managing money: What may make someone want to spend or save?	Aspirations: What stereotypes may exist in the workplace? Christopher Winter Project lessons
	Tracy	Circle time focused on taking ownership for our actions (friendships)	Anti-bullying circle time (bystanders)	Mental health and wellbeing circle time	Body Bubble circle time	Circle time about different families	
Year 5	Teacher	What makes a democracy? Healthy Lifestyles: What do food and drink labels tell me?	Self-respect and personal goals: What are my goals? Media literacy and digital resilience: How can I be a discerning user of the internet?	Stereotypes and Diversity: What is diversity and how can we challenge stereotypes?	Personal Safety: How can I keep myself physically and emotionally safe?	Drug Education – Legal and Illegal drugs: Money: How can I make the most of my money?	Aspirations: What skills will help me in my future career? Christopher Winter Project lessons
	Tracy	Circle time focused on evolving friendships	External Crew workshop (subject cohort dependent) Anti-bullying circle time (restorative justice)	Mental health and wellbeing circle time	Body Bubble circle time	Circle time about different families	Transition circle time
Year 6	Teacher	Drug addiction – drugs, risk and the media Democracy and decisions: How do our government and parliament function?	Online safety (external company)	Media literacy and digital resilience		Money and Me: What are the risks associated with money?	Relationships: What are the different types of relationships? Aspirations, work and career: What impact will money have on my future career choices and understand different routes into careers?



							Christopher Winter Project lessons
	Tracy / LSA	Circle time focused on secondary school friendships	External Crew workshop (subject cohort dependent) Anti-bullying circle time (restorative justice)	Mental health and wellbeing circle time	Body Bubble circle time	Circle time about different families	Transition circle times (problem solving, self-care, emotions, challenges and change) Basic facts about conception, pregnancy and consent